

# Sports

## UNIT 4



Students at a school in Seoul, South Korea

**Look at the photo. Answer the questions.**

1. What sport are they doing?
2. Why do you think they enjoy it?
3. Would you like to do this sport?



LESSON  
**1 Words**

**1 Listen and repeat.** TR: 31



cycling



diving



golf



gymnastics



ice skating



rowing



sailing



snowboarding



track



volleyball

**2 Answer the questions.**

1. Which sports need a ball?
2. Which need water, ice, or snow?
3. How many can you do?
4. Which would you like to do?

**3 Listen to information about a Paralympic sport for people who can't see well. Complete the information.** TR: 32

**GOALBALL**

**History:** Two men invented the game in <sup>1</sup>\_\_\_\_\_.

**Rules:** There are <sup>2</sup>\_\_\_\_\_ players on each team. Teams take turns

<sup>3</sup>\_\_\_\_\_ the ball.

All players wear masks to cover their <sup>4</sup>\_\_\_\_\_.

They can't see the ball, but they can <sup>5</sup>\_\_\_\_\_ it.

Belgium vs. Algeria  
in the 2012 London  
Paralympic Games

Grammar **2** LESSON

**1 Listen and read.** TR: 33

**Can and could**

**Present**

They **can** hear the ball.

They **can't** see the ball.

**Past**

They **could** see, but not very well.

They **couldn't** play any sports.

**2 Complete the text with can, can't, could, or couldn't.**

Some sports, like golf, volleyball, and basketball are difficult for blind people to play. But there are many sports they <sup>1</sup>\_\_\_\_\_ play. They <sup>2</sup>\_\_\_\_\_ win medals, too. Jen Armbruster is an American goalball player. When she was a teenager, Jen was on the school basketball team. She <sup>3</sup>\_\_\_\_\_ play really well. But when she was 14, she began to have eye problems and soon she <sup>4</sup>\_\_\_\_\_ see at all. Then she <sup>5</sup>\_\_\_\_\_ play basketball anymore. But there was a sport she <sup>6</sup>\_\_\_\_\_ play: goalball! She joined the Olympic team when she was 16. In 2008, she won a gold medal.

**3 What could you do when you were five years old? Make two sentences.**

play basketball read ride a bike speak... walk

*I could read, but I couldn't speak English.*

**4 Work in pairs. Ask and answer. Use Activity 3.**

Could you play basketball?

No, I couldn't. But I could ride a bike.



### 3 Reading

1 Look at the photo. Why is there only one swimmer?

2 Listen and read.  TR: 34

#### The Olympic Dream!

Eric Moussambani was a star at the Olympics in Sydney, Australia in 2000. The swimmer from Equatorial Guinea didn't win a medal, but the crowd loved him.

Eric only started swimming in January, 2000. He was 21 years old. He practiced in a small swimming pool in a hotel. When he saw the Olympic pool in Sydney, he was **surprised**. It was huge! It was 50 meters long. He couldn't see the other end of it! The pool at home was only 12 meters long.

In Eric's race, there were two other swimmers. But they both jumped in the pool too early and the referee stopped the race. When the race started again, Eric was the only swimmer and he was **nervous**. Everyone watched him. He started to swim very quickly, but soon he felt very **tired**. The crowd cheered "Eric! Eric!" This helped him to finish. After the race, Eric was a hero. His time was very slow, but it didn't matter. People thought he was very **brave**.

In 2016, Eric went to the Olympics in Rio de Janeiro, Brazil. He didn't swim for Equatorial Guinea. He was the team's coach!

3 Answer the questions.

- When did Eric start swimming?
- Where were the Olympic Games in 2000?
- How long was the pool in the hotel?
- How did Eric feel before the race?
- What did the crowd shout?
- Did Eric finish the race?

4 Work in pairs. What do these adjectives mean? Then answer the questions.

brave nervous surprised tired

- Talk about a person who did something brave.
- What makes you feel nervous?
- When was the last time you were surprised?
- When do you feel tired?



Eric Moussambani swims alone in the 2000 Olympic Games

### Grammar 4

1 Listen and read.  TR: 35

#### Object pronouns

Can you help **me**? Did you see **us**?  
 Can I watch the race with **you**? He waved to **them**.  
 Everyone watched **him**.  
 He threw the ball back to **her**.  
 He couldn't see the other end of **it**.

2 Complete the text with object pronouns.



#### Olympic and Paralympic Stories


- In 1956, a Russian rower, Viktor Ivanov, dropped his silver medal in the lake. A 13-year-old student found <sup>1</sup> \_\_\_\_\_ in the water and returned it to <sup>2</sup> \_\_\_\_\_.
- In 1960, Abebe Bikila won the marathon. His new running shoes didn't fit very well, so he ran without <sup>3</sup> \_\_\_\_\_!
- Wilma Rudolph won two gold medals in 1960. She ran in the 100 meters and 200 meters. People called <sup>4</sup> \_\_\_\_\_ "The Tornado."
- Derek Redmond fell in a race in 1992. His father helped <sup>5</sup> \_\_\_\_\_ to finish <sup>6</sup> \_\_\_\_\_.

3 Complete the questions with object pronouns. Then answer them.

- What sports do you do? Why do you like doing \_\_\_\_\_?
- Do you do sports alone, or do other people play with \_\_\_\_\_?
- Which sport do you like watching on TV? Do you play \_\_\_\_\_ with your friends, too?
- Who is your favorite male athlete? Why do you like \_\_\_\_\_?
- Who is your favorite female athlete? Why do you like \_\_\_\_\_?



## 5 Song

- 1 Listen and read. What do you like about doing sports?  TR: 36


### Running for Fun


When I was young,  
I didn't like sports.  
I wasn't good at them.  
"How boring," I thought.

But when I was older,  
I went out in the sun.  
I started to row.  
And I started to run...  
...and it was fun!  
It didn't matter if I lost or won.  
I had fun with my friends.  
Yes, I had fun with them!

I didn't like teams.  
I didn't like to race.  
I wasn't good at it,  
always in last place.

But when I was older,  
I went out in the sun.  
I started to cycle.  
And I started to jump...  
...and it was fun!  
It didn't matter if I lost or won.  
I had fun with my friends.  
Yes, I had fun with them!

- 2 Listen and sing.  TR: 37 and 38

- 3 Sing and act.  TR: 39

**VALUE** Have fun doing sports.  
*Workbook, Lesson 6*

## Writing A Fact File LESSON 6

- 1 What do you know about these people? Read and find out.
- 2 Read. Then look at the fact files again and answer the questions.

A **fact file** for a person shows you some important information about them. This can include:

- their name and what they do.
- personal information, for example, their birthday and birthplace.
- facts about things they did in the past.

1. What do these two people do?
2. When were they born?
3. What did they do when they were young?

- 3 Writing Skill Using *when*

- a. Find *when* in the fact file. What punctuation do we use after the *when* clause?
- b. Match to make sentences about the Australian cyclist, Anna Meares.
1. When she was young,
  2. When she was 11,
  3. When she was 20,
  4. When she was 28,
- A. she won her second Olympic gold medal.  
B. she started cycling.  
C. she won her first Olympic gold medal.  
D. she didn't cycle. She did karate and she played tennis.

- 4 Write a fact file about a famous athlete.

**Name:**  
Usain Bolt  
**Sport:**  
Track  
**Date of birth:**  
August 21<sup>st</sup>,  
1986  
**Place of birth:**  
Jamaica  
**Nickname:**  
*Lightning Bolt*



- \* When he was young, he played cricket and soccer.
- \* When he was 12, he was the fastest runner in his school at 100 meters.
- \* When he was 21, he broke the world record for 100 meters.
- \* Five days before his 22<sup>nd</sup> birthday, he won his first Olympic gold medal.


**Name:**  
Annika Sörenstam  
**Sport:**  
Golf  
**Date of birth:**  
October 9<sup>th</sup>,  
1970  
**Place of birth:**  
Sweden  
**Nickname:**  
*Miss 59*



- \* When she was young, she liked skiing, tennis, and soccer.
- \* When she was 12, her parents bought her some golf clubs.
- \* When she was 16, she played for the Swedish team.
- \* When she was 24, she won her first big tournament.



LESSON  
**7** Video

**1** Watch the video. Which famous athletes do the children talk about?  Video 5



**2** Watch the video again. Write B (Bruce Lee), P (Pelé), or W (Wilma Rudolph).  Video 5

1. \_\_\_\_ could run fast with a soccer ball.
2. \_\_\_\_ could run 100 meters in 11 seconds.
3. \_\_\_\_ could do kung fu.
4. \_\_\_\_ couldn't walk when he / she were young.
5. \_\_\_\_ could score goals with his / her head.

**3** Read and write T (true) or F (false).

1. Bruce Lee was an actor.
2. Bruce Lee died when he was 73.
3. Pelé's real name wasn't Pelé.
4. Pelé won the World Cup three times with Brazil.
5. Wilma Rudolph was called "The Tornado" because she was fast.
6. Wilma Rudolph won medals in three Olympic games.

**4** Work in pairs. Discuss the questions.

1. Which person from the video would you like to know more about, and what?
2. Who were some important athletes from your country? Why were they famous?
3. Which sport would you like to do well? Why?

Game 1

**1** Play the game in small groups. Follow the instructions.

**Start**

What did you do last summer?

What did you buy on Saturday?

**Move forward two spaces!**

What did you eat for lunch yesterday?

When did you last buy a book?

What sports could you do when you were six?

Where was your first home?

When was the last time you celebrated something?

What did you wear on Sunday?

What time did you eat breakfast this morning?

**Move forward three spaces!**

What did you drink at lunchtime?



What was the last present you got?

**Miss a turn!**

When did you last cycle?

When did you last swim?

What did you watch on TV last weekend?

What sport did you do this week?

Where did you go last weekend?

Who did you talk to first today?

How did you get to school on Monday?

**Move forward two spaces!**

What music did you listen to yesterday?

What did you learn at school today?

What did you eat for dinner yesterday?

**End**

**Instructions**

Take turns throwing a coin.

- Heads = move forward two spaces
- Tails = move forward one space

You must answer each question with a sentence. You must answer in 15 seconds. If you don't answer correctly, you go back one space. The first player to reach the END wins!





# The Tightrope Across Niagara Falls

There was once a famous tightrope walker named Charles Blondin. He lived about 150 years ago. Blondin could do many amazing things on a tightrope: he could stand on one leg, he could sit on a chair, he could stop and make something to eat, he could even walk with his eyes closed.

Blondin was from France, but he did many famous tightrope walks across Niagara Falls, between Canada and the US—a distance of 340 meters, and 50 meters above the water. People said that it was impossible and that he could never do it. But Blondin did it, not just once but many times. And each time, a crowd waited on the other side of the water to watch him. And each time, they cheered loudly when he arrived.

There are many stories about Blondin. People say that one time, he crossed the Falls pushing a wheelbarrow with potatoes in it. The crowd watched. They couldn't believe their eyes. "Ooh!" and "Aaah!" they shouted as he walked carefully to the other side. When he arrived, they cheered more loudly than ever.

He put down the wheelbarrow and looked at the crowd.

"So, do you think I can walk back across the Falls with the wheelbarrow?" he asked them.

"Yes, you can!" they all shouted.

"And do you think I can walk back with a man in the wheelbarrow, too?" he asked.

"Yes!" they shouted again. "You are the greatest tightrope walker in the world. You can do anything."

"OK," said Blondin. He waited for a moment. "Then who wants to climb into the wheelbarrow?" he asked. He looked at the people, but they were all very quiet.

## Glossary

**tightrope** A long rope, high above the ground. Acrobats walk along it.

**wheelbarrow** It has one wheel and two handles. People use it for carrying things.

**cheer** to shout because you like something

**crowd** a big group of people



Jay Cochrane  
walks on a  
tightrope across  
Niagara Falls.

- 1 Look at the acrobat in the photo. What is he doing? What kind of person do you think he is?
- 2 Listen and read. Did Blondin walk across Niagara Falls? TR: 40
- 3 Read again and answer the questions.
  1. What amazing things could Blondin do on a tightrope?
  2. How long was the tightrope across Niagara Falls?
  3. What did Blondin put in the wheelbarrow before he crossed Niagara Falls?
  4. Did the crowd think that Blondin could push a person across Niagara Falls?
  5. Who wanted to climb into the wheelbarrow?
- 4 Complete the sentences. Write one, two, or three words on each line.
  1. No one thought that Blondin \_\_\_\_\_ across Niagara Falls.
  2. But Blondin walked across the Falls \_\_\_\_\_ than once.
  3. \_\_\_\_\_ cheered every time he did it.
  4. In one story, \_\_\_\_\_ potatoes in Blondin's wheelbarrow.
  5. No one in the crowd \_\_\_\_\_ to climb into the wheelbarrow.
- 5 Work in pairs. Discuss the questions.
  1. Who thought Blondin could cross the Falls with a person in the wheelbarrow?
  2. Why did no one want to climb into the wheelbarrow?
  3. Do you think it is a good story? Why? / Why not?

## Review 2: Units 3-4

### 1 Complete.

costume decorations parade party games presents

- Can you help me put up the \_\_\_\_\_?
- Are you going to wear a \_\_\_\_\_ to this party?
- There are a lot of people playing music in the \_\_\_\_\_ this year.
- Do you give \_\_\_\_\_ to people at this festival?
- What \_\_\_\_\_ do children your age play?

### 2 Look and write.



### 3 Complete the questions with these words. Then answer them in pairs.

did was what where who

- \_\_\_\_\_ did you go yesterday?
- \_\_\_\_\_ did you go with?
- \_\_\_\_\_ did you eat?
- \_\_\_\_\_ the weather good?
- \_\_\_\_\_ you have a good time?

### 4 Make sentences using *can*, *can't*, *could*, or *couldn't*.

	ice skate	speak French	run quickly	ride a bike
7 years old	x	x	✓	x
Now	✓	✓	x	✓

*When I was seven years old, I couldn't ice skate. Now, I can ice skate.*

### 5 Complete the conversation with object pronouns.

**A:** Felix, there's a competition at the swimming pool this afternoon. I'm going to watch <sup>1</sup>\_\_\_\_\_ with Edu. Why don't you come with <sup>2</sup>\_\_\_\_\_?

**B:** I'm not sure. My mom is helping <sup>3</sup>\_\_\_\_\_ with my homework.

**A:** You can ask <sup>4</sup>\_\_\_\_\_ to help <sup>5</sup>\_\_\_\_\_ do <sup>6</sup>\_\_\_\_\_ now. Oh, and my cousins are coming, too. I want you to meet <sup>7</sup>\_\_\_\_\_.

**B:** OK, great! See <sup>8</sup>\_\_\_\_\_ there.