

Treetop rope park  
in Alto Adige, Italy

**Look at the photo. Discuss the questions.**

1. What is this person doing?
2. How do you think he feels? Why?
3. Would you like to do this? Why/Why not?
4. What kind of person do you need to be to do this?

LESSON 1 Vocabulary

1 Listen and repeat. TR: 17



race



rider



stadium



winner

2 Listen and read. TR: 18

There are many different types of **competitions**—for example, music competitions, sports competitions, and writing competitions. For some people, the **prize** is the most important part of the competition. They always want to **win**. Other people enjoy **taking part**, and winning isn't so important. How about you?

3 Complete the text with words from Activities 1 and 2. Then listen and check. TR: 19

"We're at the <sup>1</sup>\_\_\_\_\_ and all the <sup>2</sup>\_\_\_\_\_ and their horses are ready to begin. And they're off! Garcia is in front, and behind him is Yakamuri. Who is going to <sup>3</sup>\_\_\_\_\_? This is a very exciting <sup>4</sup>\_\_\_\_\_. And...the <sup>5</sup>\_\_\_\_\_ is Yakamuri! He gets first <sup>6</sup>\_\_\_\_\_. Congratulations, Yakamuri!"

4 Listen to the report about the Naadam Festival in Mongolia. Circle the correct answer (A, B, or C).

TR: 20

- How long was the festival?  
A. three days B. eleven days C. twelve days
- How old were the youngest riders in the horse races?  
A. ten years old B. fifteen years old C. five years old
- What did the slowest horse in each race get?  
A. a special prize B. a special poem C. a special song
- How many horse riders are there every year in the Naadam Festival?  
A. hundreds  
B. more than four thousand  
C. more than forty thousand

5 Work in pairs. Describe a festival from your country.



Riders at the Naadam Festival, Mongolia

Grammar LESSON 2

1 Study the grammar box.

**Past progressive was / were + ing form of verb**

We use the past progressive to talk about past actions in progress. We often use it for describing a scene.

The sun **was shining**.

Thousands of people **were waiting**.

2 Look at this photo of a race in California. Imagine you were at the race. Describe the scene.



- some people / watch / the race  
**Some people were watching the race.**
- lots of children / run
- a boy / wear / a striped shirt
- a girl / wear / pink pants
- a man / take / photographs

3 Work in pairs. What were you doing yesterday at these times?

5:00 a.m. 9:30 a.m. 12:30 p.m. 4:15 p.m.  
7:00 p.m. 8:30 p.m. 11:00 p.m.

At 5 a.m., I was sleeping.

At 9:30 a.m., I was sitting in this classroom.

### 3 Reading

1 Work in pairs. Look at the photo. Discuss questions 1-2.

1. What game are the people playing?
2. Why are they not looking at the board?

2 Listen and read. TR: 21

#### The Best in the World

It was 1985. In Hungary, Judit Polgár, who was nine, was playing **chess** with her sister Sofia, who was eleven. But they weren't moving the chess pieces. The girls weren't even looking at the **board**. They were playing "**blind**" chess. They called out their instructions and their father moved the **pieces**.

Judit, Sofia, and their older sister, Susan, were already fantastic chess players. Their love of chess began when Susan was four years old. She was looking for a toy when she opened a cabinet door and found a chess board. "What's this?" she asked. "It's a chess board," said her mother. "Daddy can teach you how to play when he gets home."

Chess soon became a fun game for the three sisters. They didn't go to school. They learned at home with their parents, and they played chess for hours every day. When they weren't playing chess, they were reading about it or talking about it. All three sisters became famous chess players. Susan won her first chess competition when she was four years old. Judit won her first international competition when she was nine. She is probably the best female chess player in the world today. And it all started because Susan was looking for a toy!

**New words:** chess  
board blind pieces

3 Read again. Write T (true) or F (false).

1. Judit and Sofia were playing a game of chess against their father in 1985.
2. The three sisters couldn't play chess very well when they were children.
3. Susan found a chess board in a cabinet at home.
4. The girls practiced chess at home and at school.
5. Susan is better at chess than Judit.

4 Work in pairs. The Polgár sisters didn't go to school. Do you think you would like to learn at home?

Judit Polgár playing "blind" chess

## Grammar 4 LESSON

1 Study the grammar box.

#### Simple past and past progressive

We often use the simple past and past progressive together. The simple past action interrupts the past progressive action in progress.

She **was looking** for a toy when she **found** a chess board.

2 Complete the sentences with the verbs in parentheses. Use the simple past or past progressive.

1. We were watching (watch) the basketball game when our father came (come) home.
2. They \_\_\_\_\_ (win) the competition and \_\_\_\_\_ (get) a nice prize.
3. He \_\_\_\_\_ (read) a magazine when the phone \_\_\_\_\_ (ring).
4. I \_\_\_\_\_ (listen) to some music when my brother suddenly \_\_\_\_\_ (turn off) the radio.
5. When the teacher \_\_\_\_\_ (come) into the room, the students \_\_\_\_\_ (sing) a song.
6. She \_\_\_\_\_ (get) out of bed and \_\_\_\_\_ (open) the window.

3 Write your own endings for these sentences. Then compare your sentences with a partner's.

1. I was talking to my pet fish when...
2. When we arrived at our uncle's house, he...
3. Why were you sitting on the table when...?
4. She was looking for her socks when...
5. When the teacher came into the classroom, we...
6. When I got home from school, my...

**VALUE** Work hard.  
Workbook, Lesson 6

## LESSON 5 Song

- 1 Work in pairs. Look at the photo. Guess. What are the people doing?
- 2 Listen and act. TR: 22
- 3 Listen and sing. TR: 23 and 24

### It's a Race!

On a hot, hot day  
in the Saharan sun,  
we saw a thousand people;  
they were going for a run.

It was the *Marathon des Sables*,  
the hottest race on land;  
two hundred and fifty kilometers  
across the burning sand.

On a cold, cold morning  
fifty degrees below,  
we saw twenty people;  
they were running through the snow.

It was the 6633 Ultra,  
the coldest race I know;  
five hundred and sixty-three kilometers  
across the Arctic snow.

By a long, long river  
in Manu National Park,  
we saw thirty people;  
they were racing in the dark.

It was the Jungle Ultra,  
the wettest race, it's true;  
two hundred and thirty kilometers  
through the rainforest in Peru.

#### GLOSSARY

**burning** very, very hot  
**fifty degrees below** -50° Celsius  
**rainforest** a forest in a tropical place where it rains a lot



The Sahara Desert, Morocco

## Writing A Story LESSON 6

- 1 Read the story. Why was the lunch unusual?

### An Unusual Lunch

Last Saturday, Theo and Cora visited their cousins, Alexa and Xander. Uncle Damon was making pasta in the kitchen. Aunt Agatha was working on the computer. The children were bored. They decided to go outside and play tennis.

Theo loved tennis and he loved winning. He really wanted to win the game. He hit the ball hard, and it flew up into the air and through the open kitchen window.

Uncle Damon came out of the kitchen. He had tomato sauce on his face and his clothes. The children went into the kitchen. The tennis ball was in the pot with the tomato sauce.

"I'm very sorry, Uncle Damon!" said Theo. Uncle Damon was laughing.

"It's OK, Theo," he said. "But I hope you like pasta with tennis ball sauce!"



- 2 Read the information in the box. Then look at the story in Activity 1 and find three examples of the past progressive.

When we write stories about the past, we usually use the simple past and the past progressive.

We use the simple past to describe a series of events. *He picked up the ball and threw it.*

We use the past progressive to describe a scene or to talk about an action in progress. *Katie was watching TV and the cat was sleeping on the sofa.*

- 3 Writing Skill Check your work  
a. Read the information in the box.

When we check our work, we need to think about:

- spelling—for example, extra letters and plurals
- grammar—for example, correct tense and form
- punctuation—for example, capital letters and periods.

- b. Find and correct five mistakes in the text.

It was monday. Umar and his friend Khalish were walked to school when they saw their teacher, Mr. Halim. Mr. Halim was ridding his bike, but he stopped when he saw the boys. He was very surprised to see them. "It's a holiday today!" he said Umar and Khalish were very hapy.

- 4 Look at the pictures and write a story. Use the words in the box.



soccer enter a competition  
climb jump high prize trampoline



LESSON  
**7** Video



Nomad tents, Mongolia

- 1** Look at the photo. Work in pairs. What can you remember about life in Mongolia from Lesson 1?
- 2** Watch the video. Circle the correct answer.  Video 4
  1. Mukhdalai's rider travels with the *oxen* / *horses*.
  2. The nomads move *once* / *a few times* a year.
  3. The family's horse *wins* / *doesn't win* the Naadam race.
- 3** Watch the video again. Write T (true) or F (false).  Video 4
  1. Mukhdalai is returning home from the Naadam race.
  2. The family made their carts.
  3. The family's tent, or *ger*, has a hole at the top.
  4. A *morin khuur* is a Mongolian race.
  5. Mukhdalai doesn't like his new motorcycle.
- 4** Work in groups. Discuss the questions.
  1. Why do the Mongolian nomads travel? Why don't they stay in the same place all year?
  2. Would you like to take part in a horse race at the Naadam Festival? Why? / Why not?
  3. Have you ever taken part in a competition? What kind of competition was it? Were there any prizes?