

Nonfiction

Helping Me, Helping You!

by Cynthia Moloney



Mc
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Hill

PAIRED
READ

Poetry

STRATEGIES & SKILLS

Comprehension

Strategy: Reread

Skill: Author's Purpose

Phonics

Variant vowel spellings
with digraphs: *a, aw, au,*
ough, al

Vocabulary

accept, brother, father,
friend, love, mother, often,
picture

Content Standards

Social Studies

Culture

Word count: 377**

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**The total word count is based on words in the running text and headings only. Numerals and words in captions, labels, diagrams, charts, and sidebars are not included.



Education

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**PAIRED
READ**

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Chapter 1 Who Are Family Helpers?

Lots of people help us in many ways every day. We can say that these people are on our team. Some of them are in our family. Others are not.

Take a minute. Think about some of the people on your team. Who are they? What do they do?



There are many helpers in your community.



My mother is the best! She makes my breakfast every day. Then she walks me to school before work.

Mom and I like to read together. She helps me sound out hard words.

**Mom and I
share stories
on our way.**





My brother walks me home from school.

My brother is my best friend.
He always plays games with me.
When we shoot baskets, he helps
me dunk the ball. *Swoosh!*

My father cooks dinner and fixes things. He lets me help, so I'm learning to cook and fix things, too.

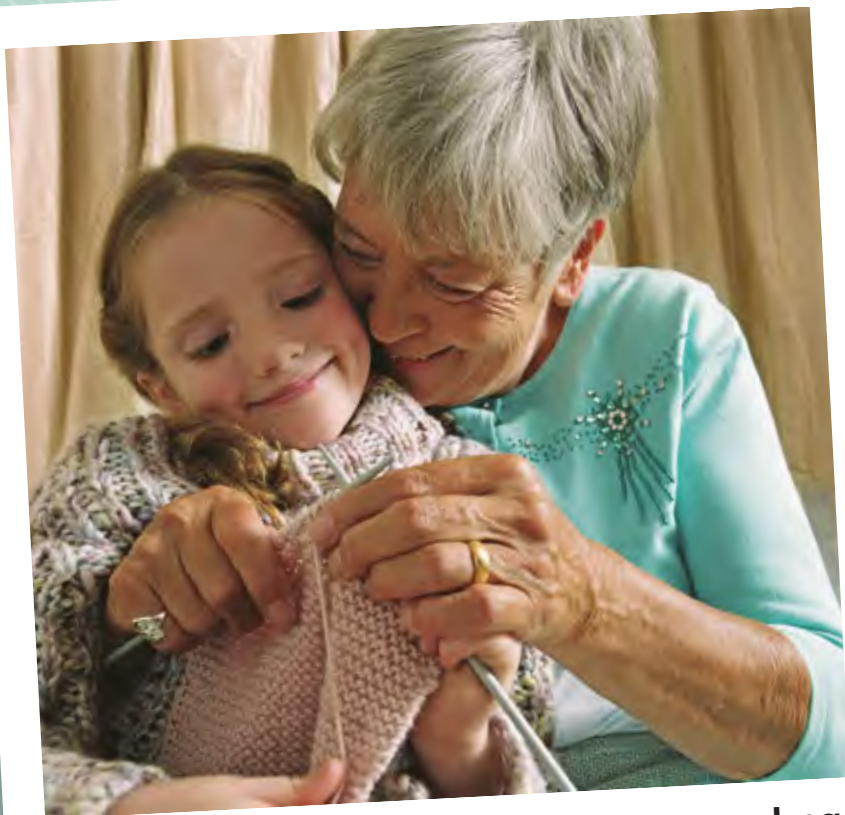
Dad taught me how to ride my bike. He makes sure I wear a helmet in case I fall.



It's fun to learn new things.

My grandmother helps me because she makes me feel special. She shows my picture to all her friends.

She's teaching me how to knit. I'm making a scarf!



I like to spend time with my grandma.

Chapter 2

Who Are Neighborhood Helpers?



I go to the dentist twice a year.

My dentist helps me keep my teeth and mouth healthy. She shows me how to brush and floss.

She makes sure I don't eat sweets too often—even though I love them!



You can use a computer to find books.

The librarian helps me pick out books. She tells me which ones are good, and I accept her ideas.

She also shows me how to find books on my own. I love the library!

My sitter picks me up from school when my mother and father are at work. She helps me with my homework.

We like to talk and play games together. I have fun with my sitter!



The girl is having fun with her sitter.

Firefighters explain how to prevent fires. They can show how a smoke alarm works.

They teach me what to do if there is a fire. They say to go outside and then call 9-1-1.



Firefighters help people stay safe.



Hard hats protect the builders' heads while they work.

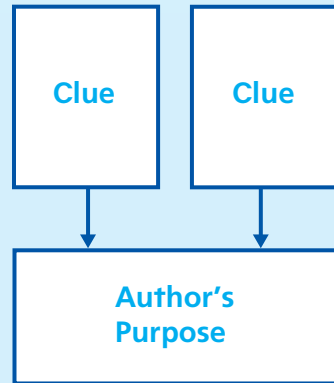
Builders help me. They build stores, offices, hospitals, and playgrounds. Builders made my house and my school.

Who are some of the people on your team?

Respond to Reading

Retell

Use the chart to help you retell *Helping Me, Helping You!*



Text Evidence

1. Why do you think the author wrote page 5? **Author's Purpose**
2. Why do you think the author wrote page 10? **Author's Purpose**
3. Are the people in *Helping Me, Helping You!* made-up or real? How do you know? **Genre**

Compare Texts

Read a poem about firefighters.

FIRE!

A firefighter in full brown and yellow gear, including a yellow helmet, stands in a fire station. The firefighter is looking down at something in their hands. In the background, there are red fire trucks and an American flag. The word "FIRE!" is written in large, bold, red letters with a white outline across the center of the image.



Loud bells clanging
In our ears,
We hurry up
And grab our gear.
Engines screaming
In the night.
Ladders stretching
Out of sight.



Orange flames light
Up the air.
Clouds of smoke blow
Everywhere.
Gushing water
Sprays about.
Now we've put the
Fire out!



Make Connections

Think about both selections.
What did you learn about
helpers? **Text to Text**

Focus on Social Studies

Purpose To find out about people who help you

What to Do

Step 1 Think about the people who help you.

Step 2 Draw a chart. List the people who help you.

Who Helps Me	How They Help

Step 3 Draw a picture showing how someone you know helps you. Write a few sentences about the person. Share with the class.

Thinkmark

The Topic

What did you learn about how family members help children?
What did you learn about how other people help children?

Vocabulary

What new words did you learn in the text? What helped you understand the meanings of those words?

Make Connections

How is this book the same as other books you have read about people who help? How is it different?