



Genre **Nonfiction**



Essential Question

How do we get our food?

Read about where breakfast foods come from.



Go Digital!



A Look at Breakfast



(bkgd) PhotoLink/Getty Images; The W. Grant Hill Companies, Inc./Ken Cavanagh, photographer



Bread is good for breakfast. But this isn't bread yet. It is wheat. Flour will be made from the wheat.



The wheat is crushed to make flour.



First, dough is made. Next, the dough is shaped and baked. Then, it is **done**. It is bread. Last, the bread is put in bags.





Grape jam is good on bread.
But this isn't jam yet. It is a
grape vine full of grapes.



Grapes grow on
vines and then are
picked when they
are ripe.



Trucks take the grapes to a plant. **Every** grape is crushed to make mush. **After** that, the mush is cooked. Now, it is grape jam. Yum!





Orange juice is good for breakfast, too! Lots and lots of sun makes oranges big and ripe. They will taste good. **Soon**, the big, ripe oranges will get pulled down.





Trucks take piles and piles of oranges to a plant. Then, they get washed. Next, they get crushed. Big sacks get filled with juice.



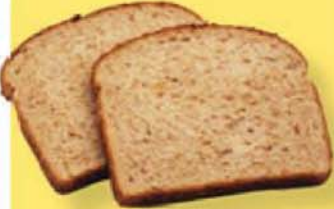


The food is shipped in trucks to shops. It is stacked up. Now, it is for sale. People will **buy** it and bring it home. It will make a good breakfast!





It takes **work** to make food for breakfast.



Food	Where It Comes From	How It Is Made
 <p>bread</p>	<p>wheat</p>	<p>Wheat is crushed into flour.</p> <p>Dough is made.</p> <p>Dough is baked into bread.</p>
 <p>grape jam</p>	<p>grapes</p>	<p>Grapes are crushed to make mush.</p> <p>Mush is cooked into jam.</p>
 <p>orange juice</p>	<p>oranges</p>	<p>Oranges are crushed into juice.</p>



Sequence

Authors often give information in **sequence**, or time order. Words such as **first**, **next**, **then**, and **last** help you understand the sequence.



Find Text Evidence

Find the first thing that happens when flour is made into bread.

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First, dough is made. Next, the dough is shaped and baked. Then, it is **done**. It is bread. Last, the bread is put in bags.



**First**

Dough is made.

**Next**

The dough is shaped and baked.

**Then**

It is done.

**Last**

The bread is put in bags.

**Your Turn**

COLLABORATE



Talk about how other foods in “A Look at Breakfast” are made. Tell what happens in sequence.

Go Digital! Use the interactive graphic organizer



Readers to...



Ideas Brook had an idea for a topic.
She wrote about food.



Brook's Opinion

Food is a fun topic. It isn't dull
at all! There are lots and lots
of fun facts. I didn't know how
grape jam is made.
Now I do!



Your Turn

COLLABORATE



Tell what reasons Brook gave
for her opinion.

Writers



Contractions with not A contraction is a short way of writing two words. The contraction **isn't** is a short way of writing **is** and **not**. The apostrophe (') takes the place of the missing letter o.



It **isn't** dull at all!



Your Turn

COLLABORATE



- Find another contraction in Brook's writing. What two words make the contraction?
- Write new sentences. Use contractions with **not**.