



Wherever we travel in the world, the words, "Once, long ago," let us know a story has begun.

- Some stories are written, some are told aloud, and still others are performed, as you see here, using puppets, light, and shadow.
- Whether stories teach lessons or entertain us with humor, exaggeration, or heroic adventure, they always help to show us who we are.

Talk About It



Write words you have learned about sharing stories. Then talk about one of your favorite stories and why you like to tell it.



Vocabulary

Use the picture and the sentences to talk with a partner about each word.



The horse race **commenced** on time and ended only three minutes later!

What is an antonym for commenced?



Doing good **deeds** for others can make us feel useful and happy.

What good deeds might you do to help a neighbor?



Dad's description of the giant fish must be an **exaggeration** since the fish in this lake are not that big.

How is an exaggeration like a lie?



The **heroic** acts of firefighters help save lives.

What heroic acts do police officers perform?



Carolina hoped to **impress** the class with her amazing science project.

What might an athlete do to impress a coach?



The family members stood very still as they **posed** for photographs.

Why do you think they stood still as they posed?



We all enjoyed the sights as we slowly **sauntered** through the park.

What is a synonym for sauntered?



After soaking a wash rag, wring it out to remove excess water.

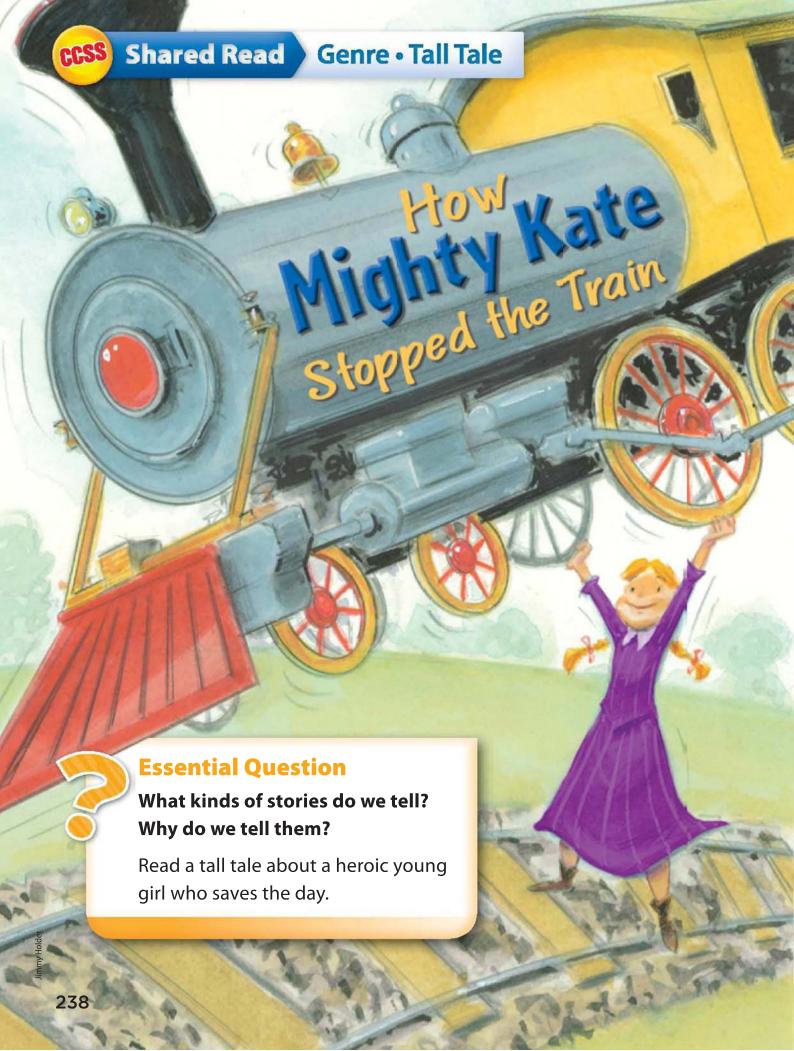
When might you have to wring a towel?

Your Turn



Pick three words. Write three questions for your partner to answer.

Go Digital! Use the online visual glossary





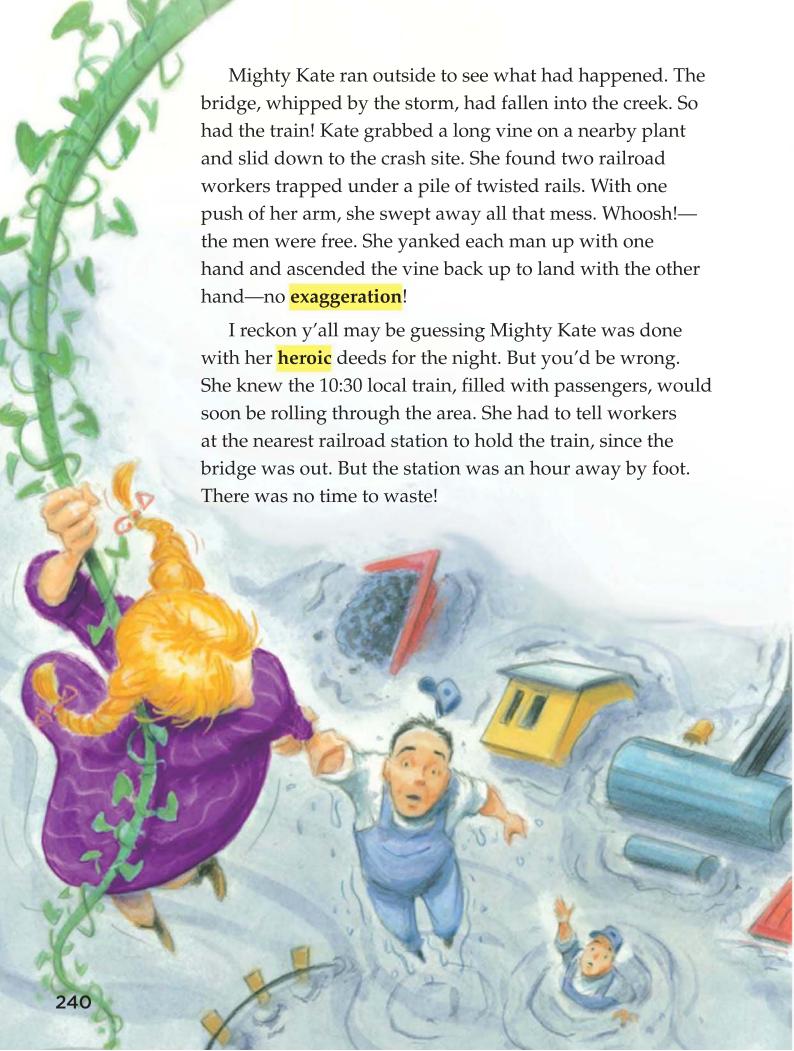
Chances are y'all have seen a railroad train passing through your neck of the woods. Some of you lucky critters may have even ridden one once or twice. But this here story takes place back in the days when railroads were still pretty new in the American South.

The star of this amazing tale is a young gal that folks around here call Mighty Kate. She got that name at birth, on account of how unbelievably strong she was. After the doctor weighed her on a scale, the tiny babe picked up the doc to see how much he weighed! **Deeds** like that proved just how mighty Kate was, and her nickname stuck like paper to glue.

Growing up, Mighty Kate continued to impress her family and neighbors with her great strength. When she went walking through the woods, if a boulder was in her path, she never stepped around it. She just picked up that rock, tossed it aside, and sauntered along her way! Once, her pappy's horse and buggy got stuck in a ditch. Mighty Kate stepped in and pulled them both out—with just one hand!

But let's not get "off track" from the amazing railroad story you really should hear now.

One night, when Mighty Kate was right near 15 years old, a powerful storm struck outside her home. The wind and rain raged so hard that homes shook in fear, and trees ran for their lives! From her window, Mighty Kate saw a work train crossing Creek Bridge. Suddenly, there was a thunderous crash. The loud noise caused the weeping willows to weep so hard that their tears flooded the entire area!



With the wind and rain attacking her, Mighty Kate set out for the train station. Soon she came to River Bridge, which had somehow managed to stay up in the storm. Kate **commenced** to cross the bridge. Floodwaters rushed just beneath her feet. Suddenly, she spotted a huge log floating in the river. It was headed straight for the bridge—and for Kate!

Mighty Kate leaned over the railing. She stood still, as if **posed** for a photograph. As the log was about to strike, Kate grabbed it. She began to **wring** the wood with her bare hands. Pretty soon, that fat, wet log was nothing but a shriveled twig!

After crossing the bridge, Mighty Kate ran straight to the station. When she got there, the passenger train had already left. Kate raced after it along the tracks but couldn't catch up. Then she got an idea. She whistled loudly—so loudly that the engineer heard it and stopped the train.

Kate ran up and told him how Creek Bridge was out. The engineer hugged and thanked the brave young girl who had saved the day.

And because of Mighty Kate's mighty good idea, today we have whistles on trains to give warnings along the track!

Make Connections

Discuss the way the author told the story of Mighty Kate. Why do you think she told it this way? **ESSENTIAL TEXT**

What stories do you most like to tell to people? How do you tell them? **TEXT TO SELF**