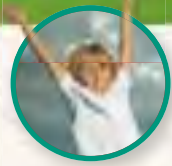
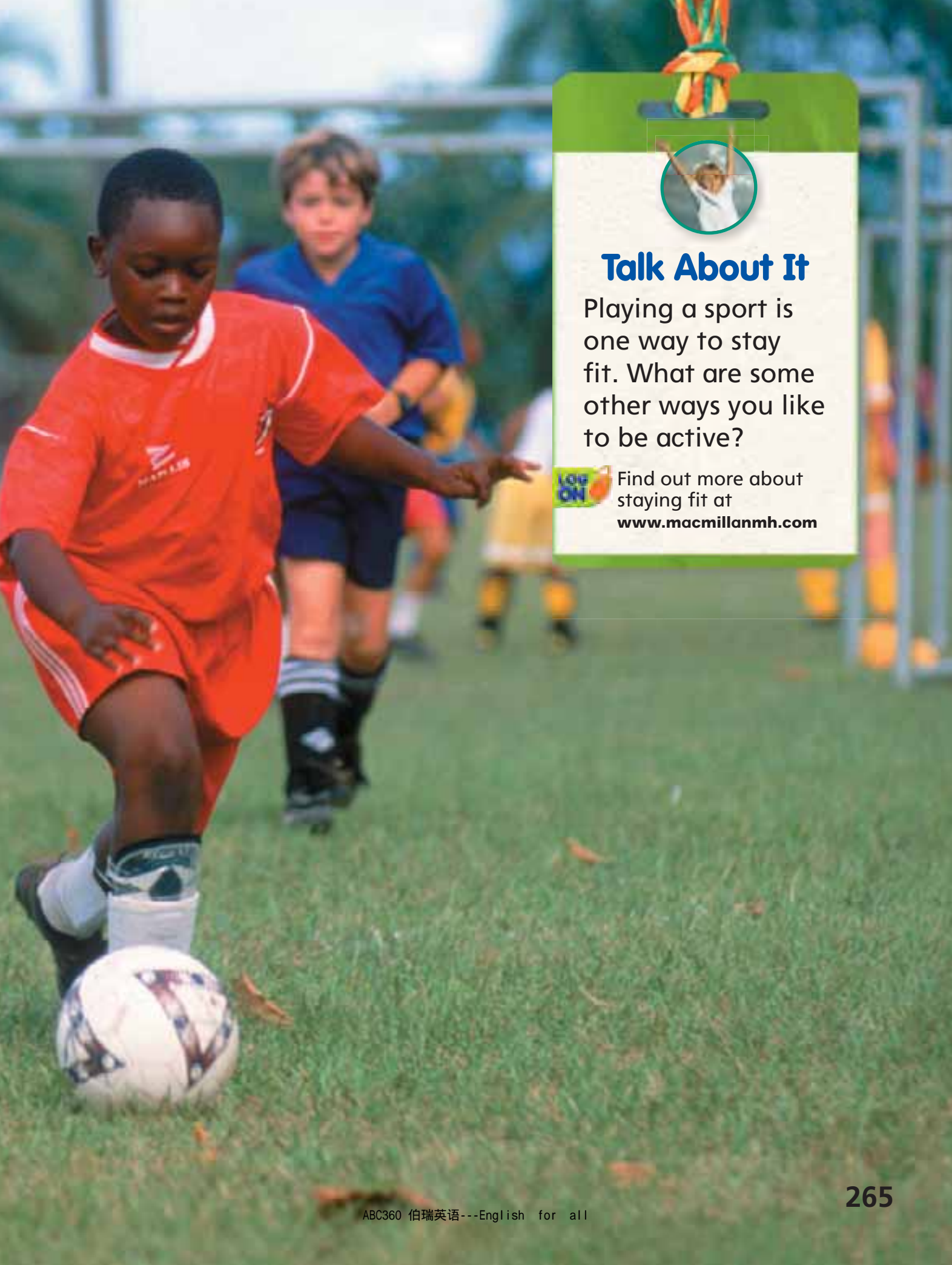


A photograph of children playing soccer on a grassy field. In the foreground, a young boy with blonde hair, wearing a red soccer jersey and shorts, is running towards the left. In the background, another child in a red uniform is kicking a soccer ball. The scene is outdoors with trees and a soccer goal visible in the background.

Staying Fit



Talk About It

Playing a sport is one way to stay fit. What are some other ways you like to be active?



Find out more about staying fit at

www.macmillanmh.com

Brian Gets Fit on the Field

by Emily Goldman

Vocabulary

tryouts
coach
practices
uniform
imaginary
starting

Dictionary

Multiple-meaning words are words that have more than one meaning.

Cinderella took a *coach* with four horses to the ball.

Our baseball *coach* taught us new plays.

Brian wanted to be on the school baseball team more than anything. First he had to win a spot on the team. That meant doing his best at **tryouts**. He would have to prove he was an important player for the team.

The school **coach** helped the players learn about baseball. She would decide who would play each position. To do this, the coach held **practices** every day. The students exercised and tried different baseball plays. This helped them become better players. Brian thought it also helped him get in shape. He had never been able to run so far or so fast before.



Brian liked the team **uniform**. Each player on the team wore the same clothing: a dark blue shirt and white pants. “I want to wear that uniform,” Brian said to his friend Sue. “But I keep thinking something bad will happen. Maybe I will fall or make a bad play.”

“Close your eyes and pretend that you are in an **imaginary** game,” said Sue. “Maybe that will help.”

At tryouts, Brian was ready. When he was up at bat, *Crack!* Brian hit the ball very far. He had done his best. Brian knew the coach would let him be a **starting** player. He would get to play in every game!



Reread for Comprehension



Ask Questions

Make Inferences

Asking questions about a story and using what you already know can help you figure out something, or make an inference, about a character. Reread the story and use the chart to help you make inferences about Brian.

