

## Social Studies

### Genre

A **Biography** gives information about a real person's life.



### Text Feature

A **Graph** can compare different amounts of something.

### Content Words

athlete  
disabilities  
records



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# A Winning Swimmer

Kate Pavlacka can swim fast. She can run fast. She likes to read and write. Kate is blind.





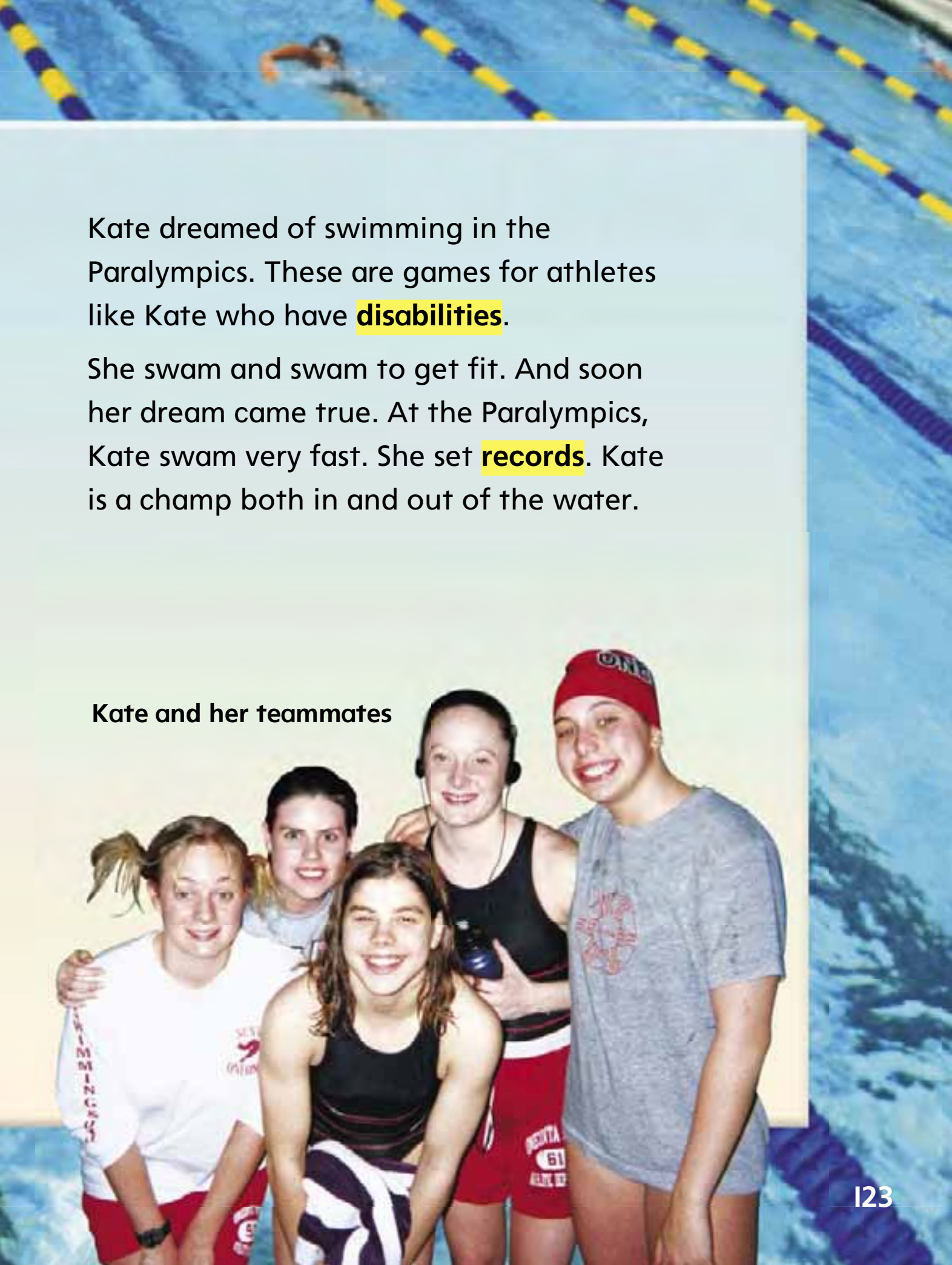
**Kate with her college swim team**

Kate went blind when she was 14 years old. But that did not stop her. She swam on her school swim team. She became a very good **athlete**.



**Water sprays Kate at the end of a lap.**

Kate's coach helped. Kate couldn't see how to do a stroke. So her coach moved her arms and legs. That way she could feel how to do it. At the end of a lap, water sprayed her. That told her to swim the other way.

A swimmer is seen in the background of a swimming pool, swimming in a lane marked by blue and yellow lane lines. The water is blue and the swimmer is wearing a dark swimsuit.

Kate dreamed of swimming in the Paralympics. These are games for athletes like Kate who have **disabilities**.

She swam and swam to get fit. And soon her dream came true. At the Paralympics, Kate swam very fast. She set **records**. Kate is a champ both in and out of the water.

Kate and her teammates



# The Paralympics

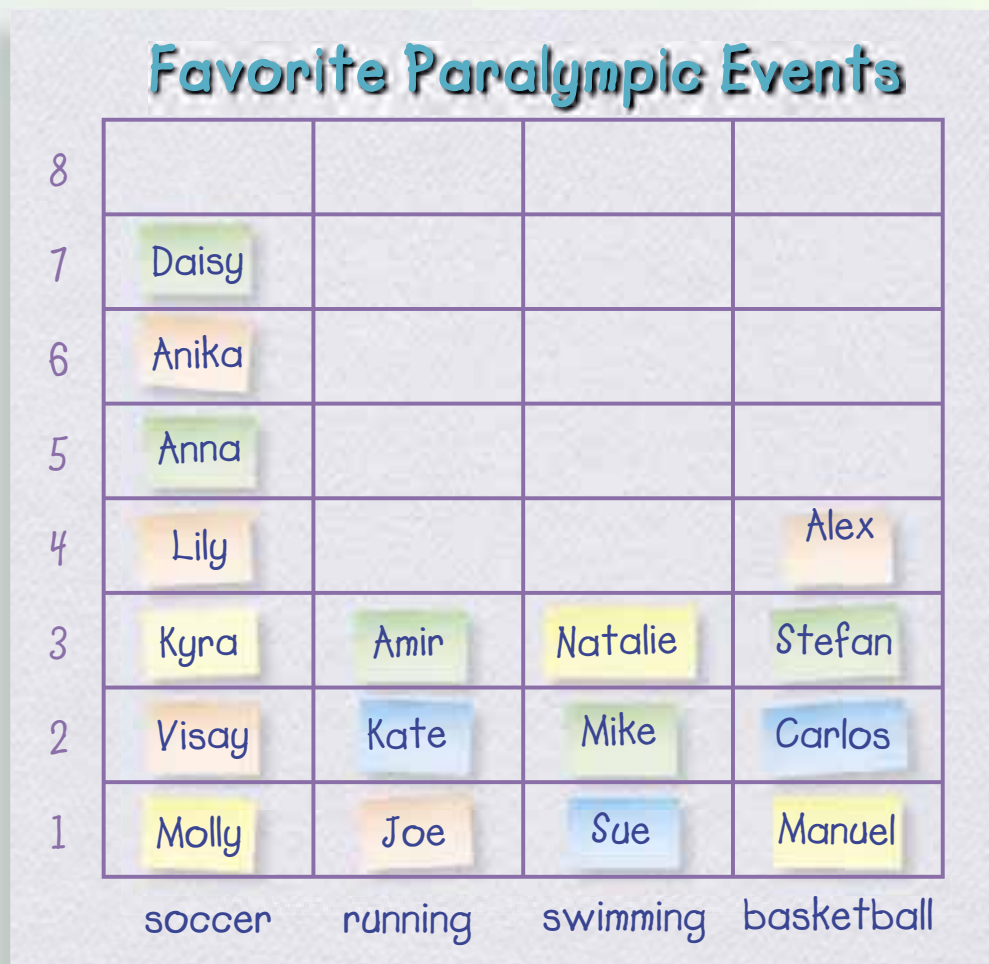
Athletes with disabilities compete in the Paralympics. The games are held every four years. They began in 1960. There were only a few athletes and a few kinds of games back then. Now many athletes from all over the world come together to compete in many kinds of games.



**Tennis and running are both Paralympic events.**



This graph names some Paralympic games. It shows which games kids in a first grade class liked best. Which game do most kids like best? Which game do you like best? What about the kids in your class?



### Connect and Compare

How do Peter in *Whistle for Willie* and Kate Pavlacka both learn to do hard things?

# Write a How-To

## Writing

### Number Words

**Number words** are adjectives that tell how many people, places, or things there are.

Ravi wrote about how to play a game.



## How to Play Mix Six

1. Write a sentence that has six words.
2. Cut the words apart and mix them up.
3. Tell your friend to put the sentence back together.



# Your Turn

What new thing have you learned to do this year?

Write how to do it.



## Writer's Checklist

- Are my directions clear?
- Are my sentences in the right order?
- Do I use **number words** correctly?