Genre
Recipes give you the information and steps needed to make a food or drink.

Text Feature
Written Directions are steps that tell you how to make or do something.

Content Vocabulary
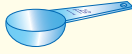tablespoons
cup
ounce

Rosa María's Rice and Beans

In *Mice and Beans*, Rosa María made rice and beans to celebrate Little Catalina's birthday. When cooking, it's important to pay close attention to the numbers and measurements in recipes. Reading the directions carefully and using the right amounts of ingredients will help you create a delicious meal. Try making Rosa María's rice and beans for your next celebration.

Safety Note
*Have an adult help you with this recipe.*

ABC360   ---English for all

Rice

2 **tablespoons** vegetable oil

$\frac{1}{3}$ **cup** minced onion

$\frac{1}{3}$ cup minced bell pepper

$1\frac{1}{2}$ cups long grain white rice

1   $14\frac{1}{2}$-**ounce** can chicken or vegetable broth

$\frac{1}{4}$ cup tomato sauce stirred into $1\frac{1}{2}$ cups of water

1. Pour the oil into a large skillet.
2. Add the onion, bell pepper, and rice. Sauté (SAW-tay), or fry, over medium heat until rice is lightly toasted.
3. Add the broth and tomato sauce water. Bring to a boil.
4. Cover, and turn the heat to low.
5. Simmer for 20 to 25 minutes, or until the liquid has been soaked up. Do not stir while simmering or the rice will be mushy.
6. Remove from the heat and let sit for five minutes. Carefully fluff with a fork.
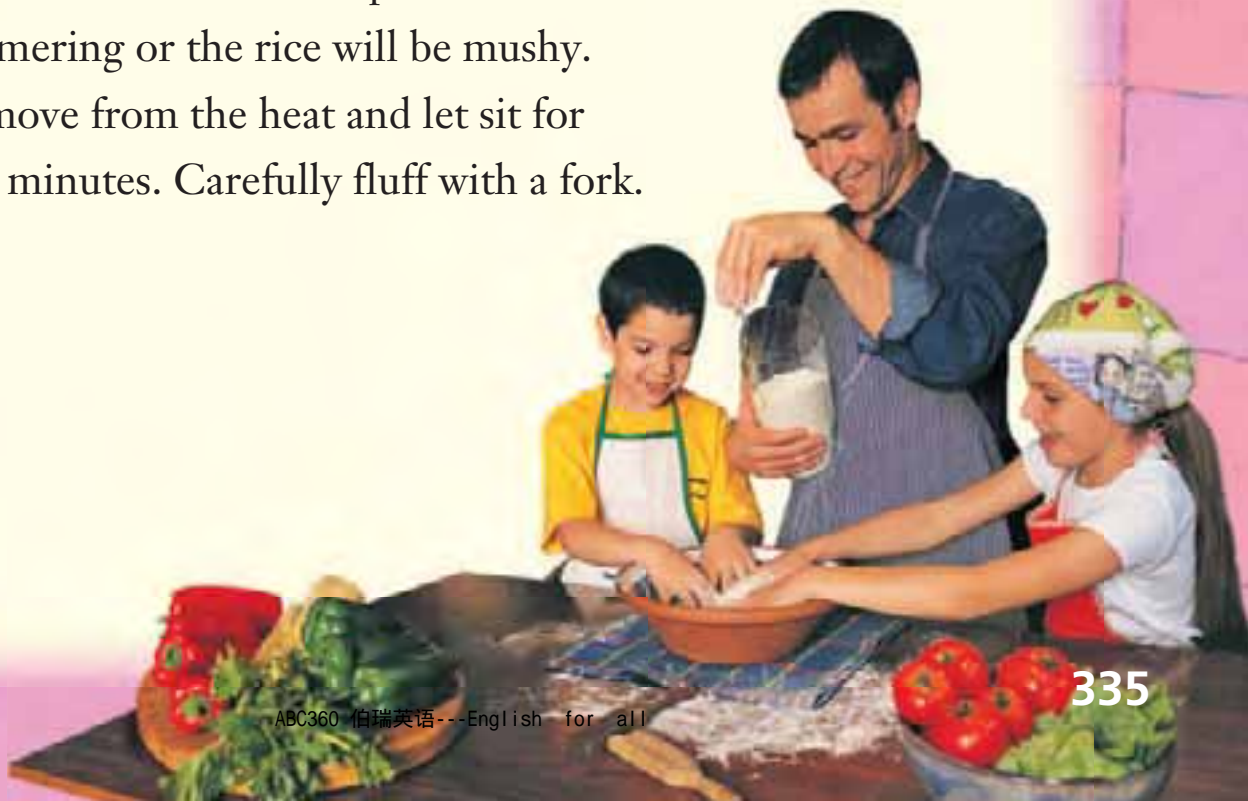
Beans

1 16-ounce bag dried pinto beans

1 large onion, chopped

4 cloves garlic, minced

2 $14\frac{1}{2}$-ounce cans chicken or vegetable broth

2 $14\frac{1}{2}$-ounce soup cans water
   salt and pepper, add to taste

1. Follow the directions on the back of the bag
   for cleaning and soaking the beans.
2. Drain water.
3. Combine beans, onion, garlic, broth, and water
   in a large pot. Bring to a boil.
4. Reduce heat to low and simmer
   for $2\frac{1}{2}$ to 3 hours.
   Stir often until beans are
   plump and soft.

Serve the rice and beans in a bowl, side-by-side. You can add sour cream, salsa, grated cheese, and avocado slices. Or, roll everything into a flour tortilla for a delicious burrito!

Connect and Compare

1. What should you do to the beans while they are simmering? **Written Directions**

2. Think about the recipes and *Mice and Beans*. Rosa María planned a menu for the party. Write a menu that includes the food you would like to have at a party.
Reading/Writing Across Texts

Math Activity

These recipes have fractions in the ingredients. List two or three fractions and draw a picture that shows how much each is.

LOG ON Find out more about fractions at **www.macmillanmh.com**

Writer's Craft

Vary Words
Strengthening and **varying word choices** help make writing clear. Adjectives are descriptive words that can make writing more exact.

I varied the adjectives to describe the activities and food that will be at Field Day.

I strengthened the word choices on the flyer to tell about Field Day.

Community Field Day!

The annual Washington Elementary School Field Day will take place on June 18.

Please join us for a day filled with thrilling activities and terrific food. The fun starts at 1p.m. at the school's football field.

This event is open to all students and their families. Come take part in exciting sack races, a water balloon toss, and an obstacle course! A picnic will follow the games.

Contact Ms. Cahill for more information.

Your Turn

Write a flyer or a poster about an event. The event can be something real or something imaginary. Tell what will happen at the event. Describe where the event will take place. Then use the Writer's Checklist to check your writing.

Writer's Checklist

- **Word Choice:** Did I strengthen and **vary word choices** to describe the event?

- **Organization:** Is my flyer written so it is easy to find out when the event will take place and who to contact about it?

- **Conventions:** Did I use adjectives to give details about the event?

- **Conventions:** Is all my spelling, capitalization, and punctuation correct?