



# COFFEE PSYCHOLOGY



Scan to review worksheet

Expemo code:  
15RE-U7JF-X7VV

## 1 Warm up

Match the personality adjectives with the descriptions.

### Group 1:

- |  |                             |
|--|-----------------------------|
| 1. You are happy to give money or your time to help other people:              | a. health- <u>conscious</u> |
| 2. You change your feelings quickly, and you can get angry in just one minute: | b. <u>generous</u>          |
| 3. You don't mind waiting for something to happen:                             | c. <u>moody</u>             |
| 4. You go running every morning and you never eat fast food:                   | d. <u>patient</u>           |

### Group 2:

- |   |                     |
|---|---------------------|
| 1. You have a lot of new and unusual ideas:         | a. <u>creative</u>  |
| 2. You never get stressed or worried:               | b. <u>demanding</u> |
| 3. You use a lot of other people's time and energy: | c. <u>relaxed</u>   |
| 4. You worry a lot about the future:                | d. <u>anxious</u>   |

### Questions:

- Which adjectives are negative?
- Which of these words forms the opposite using the prefix *im-*?

Choose two positive adjectives and one negative adjective that describe you. Write these here.



## 2 Reading

You are going to read an article about the relationship between personality and coffee. Before you read, put a tick in the table next to the kind of coffee that you usually drink:



black (without milk)	cappuccino	cold and sweet coffee drinks
instant (made quickly from a powder)	decaffeinated coffee (no caffeine)	latte

Now read the article quickly. Does your coffee drink match the adjectives that you chose to describe yourself in the Warm up?

## What does your coffee say about you?

A new study reveals the personality traits of caffeine lovers

- Every morning in the UK, caffeine lovers drink 70 million cups of coffee. But drinking coffee does not only give you energy in the morning. The type of coffee that you like to drink can also reveal a lot about your personality, according to a new study.
- Psychologist Dr Ramani Durvasula matched the coffee preferences of 1000 coffee lovers with common character traits like generosity and moodiness.
- The results showed that people who drink black coffee prefer a simple life, in general. However, they score low on patience and they can also be both ruder and moodier than latte drinkers, for example. Black coffee drinkers are not very relaxed about dealing with changes.
- Latte drinkers are the most generous with their time and typically want to please other people. However, they can also feel slightly more anxious than black coffee drinkers, possibly because they try to do too much for other people.
- Perfectionist cappuccino drinkers seem to have the most demanding personalities. According to Dr Durvasula's research, they also seem to be the most anxious. They're health-conscious, but some might take this too far.
- As you might expect, people who drink decaffeinated coffee or ask for soy milk are a bit more health-conscious than other groups like latte drinkers. They also had high levels of anxiety.
- Instant coffee drinkers tend to be more relaxed than cappuccino drinkers. However, they are poor at planning and often delay things that they need to do.
- Finally, people who prefer their coffee cold and sweet had the highest score for creativity. These people are trendsetters, but, unsurprisingly, are a lot more relaxed about their health than cappuccino drinkers.

Sources: *Independent.co.uk, Psychcentral.com*



Read the text again and find the noun forms of some of the adjectives from the Warm up to complete the table.

adjective	noun
anxious	
creative	
generous	
moody	
patient	

Read these sentences from the text and choose the best explanation for each word/phrase in bold, using the context of the article to help you.

- Latte drinkers are the most generous with their time and **typically** want to please other people.
  - Most latte drinkers want to please other people.
  - Some latte drinkers want to please other people.
  - A few latte drinkers want to please other people.
- Perfectionist** cappuccino drinkers seem to have the most demanding personalities.
  - Cappuccino drinkers want some things to be perfect.
  - Cappuccino drinkers want most things to be perfect.
  - Cappuccino drinkers want everything to be perfect.
- Instant coffee drinkers **tend to be** more relaxed than cappuccino drinkers.
  - All instant coffee drinkers are more relaxed than cappuccino drinkers.
  - Most instant coffee drinkers are more relaxed than cappuccino drinkers.
  - A few instant coffee drinkers are more relaxed than cappuccino drinkers.
- Finally, people who prefer their coffee cold and sweet had the highest score for creativity. These people are **trendsetters**.
  - These people don't care what other people think about them.
  - These people show us a new way to do things.
  - These people follow an old way of doing things.





## 3

**Language point**

Study the examples and choose the best word to complete the sentences.

- 1) Black coffee drinkers can be both **ruder** and **moodier** than latte drinkers.
- 2) Instant coffee drinkers tend to be **more relaxed** than cappuccino drinkers.

These sentences compare two different types of coffee drinkers. The words in bold are **comparative** forms of adjectives.

Choose one option:

1. When we compare two things in a sentence, we need to include the word **the / then / than**.
2. The adjective *relaxed* has a different comparative form to *rude* and *moody* because it is an **-ed adjective / is irregular / is more advanced vocabulary**.

We can add extra information to comparative forms by using the underlined words.

- 3) However, latte drinkers can also feel slightly more **anxious** than black coffee drinkers.
- 4) People who drink decaffeinated coffee or ask for soy milk are a bit **more health-conscious** than latte drinkers.
- 5) These people are ... a lot **more relaxed** about their health than cappuccino drinkers.

Choose one option:

1. When we use *slightly/a bit/a little*, we mean there is a **big / small** difference between the two things we are comparing.
2. When we use *a lot/much*, we mean there is a **big / small** difference between the two things we are comparing.



- 6) Latte drinkers are **the most generous** with their time.
- 7) Perfectionist cappuccino drinkers seem to have **the most demanding** personalities.
- 8) Finally, people who prefer their coffee cold and sweet had **the highest** score for creativity.

These sentences compare one type of coffee drinker with all the other groups. The words in bold are *superlative* forms of adjectives.

**Choose one option:**

1. When we use superlative forms, we need to include the word **a / the / than**.
2. We add *-est* to the end of adjectives with **one syllable / more than two syllables**.
3. When we use *the most* to make the superlative forms of longer adjectives, we **add / don't add** *-est* to the ending of the adjective.

**Study the table.**

	comparative: 2 things	superlative: 3+ things
words with one syllable	X is ruder than Y.	X is the rudest.
words with two syllables ending in -y	X is moodier than Y.	X is the moodiest.
two or more syllables (including -ed and -ing endings)	X is more anxious/relaxed than Y.	X is the most anxious/relaxed.
irregular forms	X is better / worse than Y.	X is the best / the worst.

**In fast speech, we stress the adjectives, not the grammar words like *than* or *the*. Practise saying all the example sentences. Build up each sentence like this.**

ruder and moodier
ruder and moodier than latte drinkers.
can also be both ruder and moodier than latte drinkers.
Black coffee drinkers can also be both ruder and moodier than latte drinkers.



**4 Practice**

Use the information in the table to make sentences about three types of coffee. Include a *bit / a little / slightly / a lot / much* as appropriate. Example: *Compare lattes and cappuccinos (strong). Cappuccinos are slightly stronger than lattes.*

adjective	lattes	cappuccinos	black coffees
strong	2/5	3/5	5/5
frothy (with lots of bubbles)	3/5	5/5	0/5
bitter (with a strong taste)	3/5	2/5	4/5
good/bad	your own ideas		

Compare black coffees and lattes (strong).

1. \_\_\_\_\_

Compare cappuccinos and black coffees (frothy).

2. \_\_\_\_\_

Compare black coffees with lattes (bitter).

3. \_\_\_\_\_

Compare lattes and cappuccino (good).

4. \_\_\_\_\_

Compare all three types of coffee (strong).

5. \_\_\_\_\_

Compare all three types of coffee (frothy).

6. \_\_\_\_\_

Compare all three types of coffee (bitter).

7. \_\_\_\_\_

Compare all three types of coffee (bad).

8. \_\_\_\_\_



## 5 Speaking

Read the questions and choose the best answers for yourself.

	high score	middle score	low score
1) If someone needs my help,	I always say yes.	I sometimes say yes.	I rarely say yes.
2) When there's a problem,	I like to find a new solution.	I usually ask someone for advice.	I don't know what to do.
3) Exercise?	I make time for it every day.	I usually exercise twice a week.	What's that?
4) The house is dirty and I'm behind with my work.	I feel fine about this.	I feel a bit stressed.	This never happens to me because I hate it!
5) My coffee order is wrong, so I say:	"Make it again, right now, and don't ask me to pay."	"Could you change it, please? I never drink lattes."	"That's ok. Everyone makes mistakes."
6) Yesterday I felt...	...happy, sad, angry and tired.	...a bit happy and a bit sad.	...mostly happy.
7) My train is late.	I feel fine; I've got a coffee and a good book.	That's ok if it's only 10 minutes late.	I'm not happy! When are we leaving?
8) When I think about the future,	I start to worry about money, my job, exams, my health...	I feel good about most things.	I wonder what's for lunch.

Decide which adjective relates to each question.

anxious / creative / demanding / generous / health-conscious / moody / patient / relaxed

Work in pairs. Compare your answers to all the questions using comparatives and a bit / a little / slightly / a lot / much as in the example.

- A: What did you say for number 3? I said, "What's that?" so I think you're a bit more health-conscious than me.
- B: Yes, actually I'm a lot more health-conscious than you. I go to the gym every day.

Compare answers with the class. Who has the highest score for each question? Use superlatives.



## 6

**Extra practice/homework**

Write one missing word in the gap to make sentences with comparative or superlative forms.

1. Coffee \_\_\_\_\_ better than tea.
2. He's happy one minute and angry the next. He's definitely the \_\_\_\_\_ person I know.
3. I feel more relaxed today \_\_\_\_\_ I did yesterday.
4. I'm feeling \_\_\_\_\_ anxious than you about the exam.
5. In my opinion, lattes \_\_\_\_\_ the best type of coffee.
6. My mother's very busy at work, but my father's retired. My father is \_\_\_\_\_ more generous with his time than my mother.
7. That waiter is \_\_\_\_\_ than the other one. I always avoid sitting at his table.
8. There are seven people in our department and the \_\_\_\_\_ creative one is Jean.
9. This is \_\_\_\_\_ worst coffee that I have ever had!
10. You go to the gym every day? I only go once a week. You're \_\_\_\_\_ more health-conscious than I am.





## 7 Optional extension

How do you make coffee at home?

Talk about these different types of coffee-making equipment, or your own, using comparatives and superlatives, and the adjectives in the box or your own ideas.

easy/difficult	good/bad
expensive/cheap	fast/slow



1) aeropress



2) hario



3) siphon / pour over



4) geysir