

1 Key phrases
Match the verbs on the left to the words/phrases on the right.

1. turn off
a. a meal/a lesson/the bus
2. save
b. money/time
3. invite
c. people to your home
4. go
d. problems
5. miss
e. shopping
6. fix
f. the television/radio/computer

Work in pairs. Complete, ask and answer the questions below.

1. Do you often $\qquad$ the TV in the middle of a film or programme?
2. How often do you $\qquad$ friends to your home?
3. When do you prefer to $\qquad$ shopping?
4. How often do you $\qquad$ breakfast?
5. Do you prefer to $\qquad$ things yourself or do you pay for help?


## 2 Reading

George spends too much money. Read the article below and match the tips 1-10 to his problems below. Sometimes more than one tip can help him.


1. "I spend too much money on food." 8
2. "I spend too much money on clothes." $\qquad$
3. "I want to save money at Christmas time." $\qquad$
4. "I always break things at home. It costs a lot of money to fix them." $\qquad$
5. "The cost of using a car is very high in my country." $\qquad$
6. "Sometimes I don't have enough money to pay the rent because I go out too often." $\qquad$
7. "I always buy things that I don't need." $\qquad$

## HOW TO SAVE MONEY

## Everyone wants to save money. So here are our special tips.

1. Turn off the television. This has a number of benefits. When you don't watch television, you don't watch advertisements and you spend less money on shopping. You can also reduce your electricity bill and focus on other things in life.
2. Wait 30 days before you buy something expensive. Very often, people buy things that they think are necessary. But after one month, they feel bad about their decision. So waiting 30 days will give you time to decide if it is really important.
3. Invite friends to your home. Going out to eat or drink can be expensive. It is always cheaper to stay at home with friends and make your own entertainment.
4. Repair your clothes. Don't throw away a shirt because it has a broken button. Don't be lazy. You can repair it very easily and save money.
5. Drink more water. Drinking water has health and financial benefits. Drinking a glass of water before each meal helps you feel fuller and eat less. You also spend less money on more expensive drinks.
6. Don't buy new clothes. Used clothes are often very cheap, even if they were worn only once. So buying used clothes can save you a lot of money.
7. Go shopping after the holidays. Some clever people buy Christmas decorations after Christmas, but this method works for every holiday. Wait until about two days after a holiday and buy everything you need for the next holiday. You can get very big discounts.
8. Don't miss breakfast. A healthy breakfast can be very cheap and it gives you energy for the day. It can help you control your appetite for a big, expensive lunch.
9. Try to fix things yourself. Many years ago, it was difficult to fix problems in our cars and in our homes. But now there are a lot of online videos that show us how to fix things for free.
10. Don't go by car. If your town or city has a public transportation system, use it instead of your car. It's much cheaper and you don't need to worry about parking.

## 3 Talking point

## Discuss the questions below.

1. Do you do any of these things now?
2. Did you do any of these things in the past?
3. In your opinion, which is the best tip?

4 Grammar - imperatives
Look at the sentence below from the text:

## "Turn off the television." "Don't miss breakfast."

The phrases in bold are called 'imperatives'. We use imperatives to give strong advice. In the text, find three more examples of the positive imperative and three more examples of the negative imperative.

## 5 Practice

Work in pairs. Look at the tips below on how to stay fit and healthy. Decide if each tip is good or bad advice and correct the bad tips like in the example.

Don't eat a lot of fruit and vegetables : BAD ADVICE
(Eat a lot of fruit and vegetables.)

1. Walk to the supermarket.
2. Eat a lot of fast food.
3. Don't drink a lot of water.
4. Do some exercise every day.
5. Don't drink a lot of alcohol.
6. Sleep for less than 6 hours every night.
7. Sit at home and watch TV every evening.
8. Visit the doctor for a checkup once a year.
9. Walk up and down stairs. Don't take the escalator.
10. Smoke every day.
