



HOW DO YOU FEEL?



Scan to review worksheet

Expemo code:
15RZ-L7JD-K4GU

1

Warm-up

How do you feel today?

2

I feel....

Put the adjectives into the correct categories.

angry
nervous
worried

cheerful
scared

excited
surprised

jealous
tired

1. If you feel good, you might feel:

2. If you feel bad, you might feel:





Now, use the words from this exercise and think about what the people in each picture are feeling.
Example: Picture 1 – "She's surprised."



1. _____



2. _____



3. _____



4. _____



5. _____



6. _____



7. _____



8. _____



9. _____

3 Practice 1

Choose the best word for each sentence.

- 1. Kinga is _____. She thinks she won't pass her driving test. *excited/worried*
- 2. Alice was _____ when she found a frog in the bath. *surprised/worried*
- 3. Bella is _____. It's the weekend and the sun is shining. *cheerful/excited*
- 4. Ramon was _____ before his job interview. *nervous/angry*
- 5. James got _____ when someone stole his wallet. *jealous/angry*
- 6. Hugo is _____. He has run 20km. *nervous/tired*
- 7. Michelle is _____. It's her birthday tomorrow. *excited/surprised*
- 8. Anneka was _____. She could hear strange noises in the forest. *scared/cheerful*
- 9. Pablo was _____. His friend had a new car. *angry/jealous*



4

How does it make you feel?

There are different ways to talk about feelings.

You can use the verb **'to be'**.

I'm angry.

He's jealous.

Or you can use the verb **'to feel'**.

I feel cheerful.

He feels tired.

It is more common to use the verb **'to be'** to talk about how we feel.

I'm tired. I didn't sleep last night.

They're worried. Their dog is sick.

We use the verb **'to feel'** in the **present simple** when we talk about how we feel when something happens more than once.

I feel hungry when I smell bacon.

She feels nervous when she sees Eddie.

There are different questions we can ask about feelings:

This question asks you **how you feel now**:

Q: *How do you feel?* A: Cheerful. It's a nice day today.

These questions ask you about how you **feel about particular things**.

Q: *What makes you angry?* A: When people don't put rubbish in the bin.

Q: *What makes you feel scared?* A: Heights and spiders.

Work with a partner. Ask them questions like above.

Example:

Q: What makes you nervous?

A: Exams make me nervous.



5 Feelings

Work with a partner. Look at the pictures below. Describe the pictures, and say how each situation makes you feel. Try to use words from this worksheet.

Example - picture 1: The baby is crying. I feel worried.



1.



2.



3.



4.



5.



6.