

Dear Aunt,

I am a university student and I live at home with my mother but I feel like I have to get out or I will go crazy. My mother is ill so I have to take care of her. I also take my younger brother to school and then after my university I work a job. The expenses for the house are extortionate and I have nobody to help me. I know I have a commitment to my family but I feel like I will have to drop out of university (I'm in my 3<sup>rd</sup> year) and live for them rather than break free and live my life for myself. Thanks, John.

Dear John,

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Dear Aunt, I love my boyfriend but I feel like we are two very different people. I like to save up for holidays and nice things but he likes to spend his money as it comes in. Usually he spends his money on gadgets and stupid things. Also he spends all his time playing computer games.  
Yours, Sophie.

Dear Sophie,

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Dear Aunt, my life is boring. I hate everything about it. Everyone seems to be more interesting than me. They are happy and have friends. I hate everyone.  
Mike.

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Dear Aunt, I am having a terrible time with my job. I make very good money but I leave my home very early in the morning and I get in very late at night after my wife and children have gone to sleep. On the weekends I am so tired all I want to do is crash out on the sofa and I feel like I am such a bad husband. My wife understands that this is our life and is fine with our arrangement. We do have a large house and a large part of my salary goes into mortgage and bills. I, however think my children and wife are drifting away from me. Should I take another job? All other jobs would be less money for me but I would have more time for my family and myself. Thanks, Daniel.

Dear Daniel, \_\_\_\_\_  
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Language you may find useful for this exercise	
I am so stressed about...	If I were you, I would...
I feel like so much is expected of me...	I understand your problem but you should...
I'm not really sure what to do.	What do you think about...?
What do you think I should do?	I think the best thing you can do is..
I'm having a problem with...	When this happens to me I...
I can't seem to....	You should focus more on...
What would you do if...?	I have no idea, sorry!
What's the best way to...?	What about...?

Daisy thinks that she should buy a new house.

Adam thinks that he doesn't need to get married.

David thinks that he should work part time over the summer instead of taking a university course.

Rachel thinks that she should stop eating meat and become a vegetarian.

Robert wants to stop smoking but he doesn't know how to.

Kelly thinks that studying is the only important thing in her life.