You have a toothache because you never brush your teeth and you eat too much candy.	You do not get enough sleep because you drink energy drinks and eat too much sugar.	You have got a cold and you have school today.	You've eaten too much cake and now you feel sick!	You just finished drinking your water, only to realise that it was poison. You have ten minutes to live.
You never have any money because you always spend all of it on junk food and computer games.	Your shoes are too small because you are growing very quickly.	You have fallen down a hole and do not know how to get back out of it.	It is one of your parents' birthday and you have not gotten them a present.	You just got punched in the face by an angry kangaroo.
You are failing at school because you do not study, and you drink too many energy drinks.	You have sunburn because you have been out in the sun for too long and now your skin hurts.	You just dropped your wallet (with all of your money in it) on the ground and a turtle swallowed it.	Your shoe fell off. Then, an eagle flew down, picked it up, and flew away with it.	You've just found out that your best friend is secretly a ninja assassin.

Example language:

You can/can't... You could try... You may... You might have to....

You must...

You shall...

You should... You will.... if you don't....

You need to You would/wouldn't...