IELTS Speaking Practice Test 6

PART 1 (4-5 minutes)

What did you eat for breakfast this morning? Is that your typical breakfast? Do you watch your diet carefully? How important is food to you? Who cooks usually in your family? Are you a good cook?

PART 2 (3-4 minutes)

You have 1 minute to read the instructions in the box and prepare an answer. You can make notes. After your preparation time has ended, please speak for 1 to 2 minutes on this topic.

Describe a dish you like to cook.

You should say:

The name of the dish How you make it If you use any special ingredients

And explain if this is a popular dish in your country.

Follow-up question: How many times a year do you cook it?

PART 3 (4-5 minutes)

Food wastage

Do we waste too much food? What can be done to reduce the amount of food we waste? Would you eat food that was past its expiry date?

Obesity

Is obesity a major problem in your society? Who is to blame for childhood obesity? Some people say that seriously obese people should pay more to travel on planes. What's your opinion?

Notes for interviewers

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In Parts 1 & 3, you do not need to ask all the questions.

In Part 1, you can repeat the question if requested by the candidate, but you must not provide any further help.

In Part 2, you can answer questions during the preparation time, but you should then let the candidate speak without interruption.

In Part 3, you can paraphrase or explain the question, but try not to give your own opinion.