

ENGAGING LISTENING

COMPREHENSIONS FOR ESL LEARNERS

TRANSCRIPTS

LISTENING COMPREHENSION 1: KNITTING

MEMORIES

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When I was a little girl, I used to knit all the time. I used to knit jumpers and hats and scarves. I even used to knit little dolls, sometimes Snow White and the Seven Dwarfs. For example, when you knit with two needles, you can put the thread or the wool around your needles in different ways so that you get different patterns in the wool. So in this picture for example, you have two different stitches. The one on the left is called rib stitch and the one on the right is called Pearl stitch. Yesterday I started to knit a scarf for myself.

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The wool is dark green and it's in rib stitch. Until today I've knitted 4 balls of wool, but I think I will need 10 all together because it's going to be a very big scarf to help keep me warm this winter.

LISTENING COMPREHENSION 2: TRASH

COLLECTION SCHEDULE

Marion Yes. Can you tell me about the trash? How do I take out the trash? OK, let's see. On Monday, Wednesday, and Friday, you can leave your burnable trash outside. What is burnable trash? Burnable trash is for example milk, cartoons, other paper things and food as well. You can put all the remains of your food in the burnable bin. OK, so burnable trash is Monday, Wednesday, Friday. That's right. OK, What about the other trash? OK, on Tuesday, Thursday and Saturday you can leave your unburnable trash outside your door. OK what is unburnable trash? Unburnable trash is for example plastic, so you can't burn plastic. So non burnable or unburnable, so plastic for example. Other things that would harm the environment if you were to burn them. OK, what about plastic bottles? That's on Saturday as well. So you can leave plastic PET bottles and also glass bottles, but in a separate bin. You can leave all those bottles on Saturday as well. OK.

Anything else like batteries or clothing? Yes, for batteries and clothing, there are special days every month, so you have to keep them until maybe one day or two days in the month when you can leave out things like batteries or clothes or bigger things. OK, And where do I put the trash? You have to put all the trash in clear plastic bags and leave them just outside your apartment, just over there on the left. OK. Thanks, Marion. You're welcome. I might have to ask you again, but thanks. Don't worry. That's fine.

LISTENING COMPREHENSION 3: FIRST YOGA CLASS

The first time I went to a yoga class was with my friend many years ago now. We used to go together once every week I think it was Wednesday and have a class in yoga. It's very important to stretch your body so you have to reach down to touch your toes for example or stretch out your arms or legs like that. Another part of yoga is when you have to practice balancing. For example when you stand on just one leg and you have to keep standing even though it's a bit difficult sometimes because you feel like you might fall over at the end of yoga class. Usually you have a few minutes just to relax so you lie down on the floor on your back. You let your legs and arms become loose and relaxed and it feels very very calm and peaceful. Sometimes people even fall asleep.