

Notes for Parents and Teachers

- This story can be used to help teach saying, “No, thank you” as a replacement behavior for behaviors such as yelling, pushing, or using an angry tone of voice when a child is offered something he or she does not want.
- When teaching this behavior, it is important that the behavior of saying, “No, thank you” is followed by the item being taken away, otherwise the child may resort to using the problem behaviors to get the person to take the undesired item away.
- After the child is successful using the replacement behavior over time in place of the problem behavior, he or she can be encouraged to take the item and try it, and then decide if he or she doesn’t like it.
- For more information about using replacement behaviors, please visit Positively Autism’s ABA tutorial:
<http://www.positivelyautism.com/aba/mod6H.html>

The information provided on this website is for instructional purposes only, and should not be construed as professional advice on any subject matter. If you need assistance for the purpose of diagnosis and/or personal counseling, it is advised that you contact a licensed therapist in the appropriate medical or therapeutic field. If you have specific questions about your child, please contact the appropriate professionals, such as a BCBA, medical doctor, SLP, OT, or LPC. [Read full disclaimer.](#)

Visit www.PositivelyAutism.com for more free autism resources.

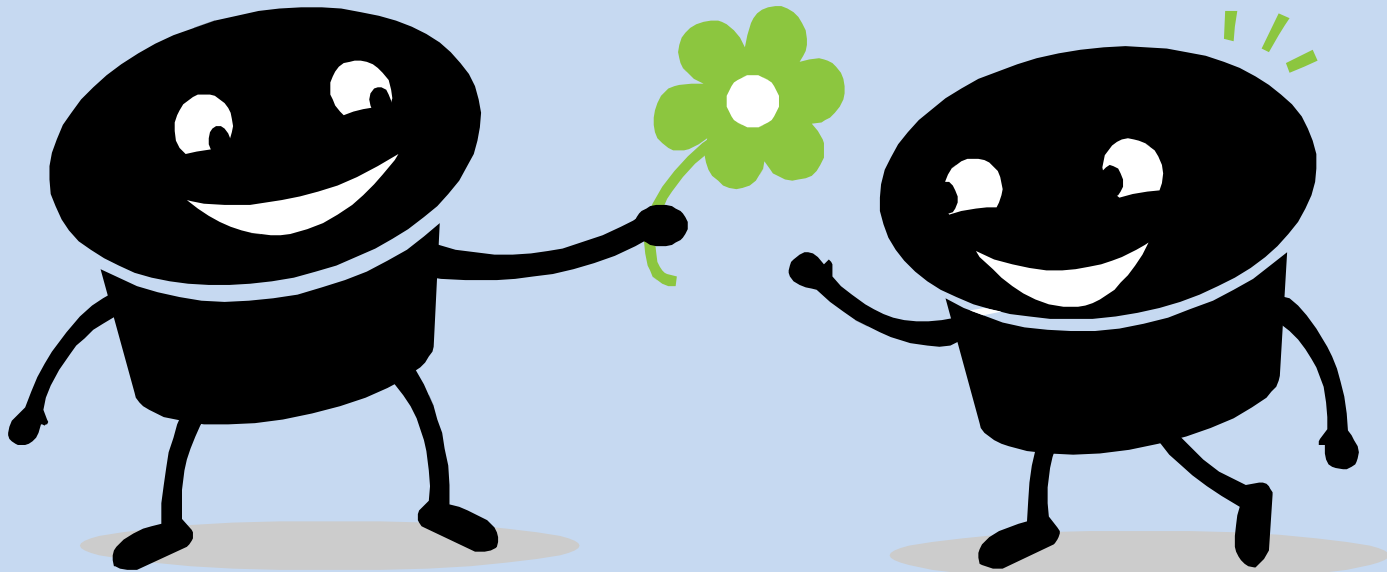
Saying “No, Thank You”



I know lots of people.



Sometimes, people want to give me something, maybe food or a toy.



Sometimes, I don't like what they give me. This is okay.



If I don't want it, I can say, "No, thank you" in a calm voice.

No,
thank you.



When I use a calm voice to say, "No, thank you," the person will put it away.



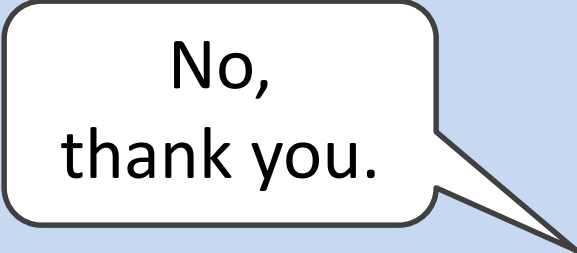
People are happy to hear me talk with
my calm voice.



I will try to use my calm voice to say,
"No, thank you" when I don't want
something.



Let's practice saying, "No, thank you."



No,
thank you.

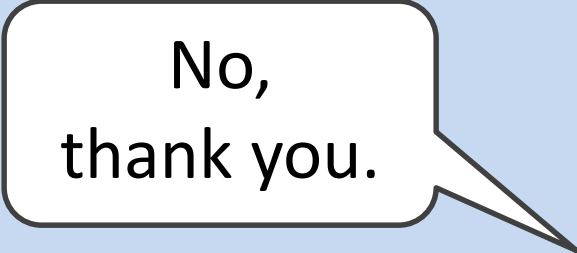
Jonathan wants to give you a piece of cheese. What can you say?



Mark wants to give you a doll. What can you say?



I will try to say, "No, thank you," when
I don't want something.



No,
thank you.

I am learning about saying, "No, thank you."

