



Spelling/Reading Food Names Lesson Plan

Objective:

Practice reading and spelling food names with these movement-based activities.

Skills Practiced:

- Reading
- Spelling
- Recognizing food names

Materials:

Stages Learning Food Carpet Squares

Index cards

Kid-friendly music (optional)

People:

This game can be played with children in a small group or in a larger classroom group setting.

Set up:

In advance, prepare index cards or slips of paper spelling on the name of each food on the carpet squares.

Write one letter on each card/paper. Place the cards/slips of paper into an envelope, with one food name per envelope. Distribute the envelopes so that there is one envelope with its corresponding carpet square on each student desk.

Procedures:

1. Warm-up: First make sure students are familiar with the name of each food. Have students go around the room, holding up their carpet square so that all students can see. The rest of the class should say the name of the food together. You can also quiz students and ask them the starting letter or the ending letter of each food name.
2. Once everyone is familiar with the names, instruct students to open their envelope and carefully dump the letters out. They should unscramble the letters to spell the name correctly. You can play music during this activity, and pause to signal that the round is over.
3. Once all the words are spelled correctly, have students scramble the letters again before moving to the next seat (for example, everyone can shift one seat to the right).
4. Repeat the spelling activity until students have had a chance to spell all the food names.

Variations:

1. For students struggling with spelling out food names completely unassisted, you can write the food name on the envelope with a black marker, and students can instead practice matching the letters to the food name.
2. Another option is to have half the class/group unscramble the food names, and half the class be “checkers”. Give the “checkers” a list with all the food names spelled correctly, and they can double check that the food name is



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spelled correctly after each round.

3. To focus on reading instead of spelling, make enough flashcards so that a selection of food names are placed on each desk. During each round, instead of unscrambling the food names, have students match the correct food card to the carpet square.

4. For a competitive version of this activity, line the desks up in a row, and split the students into two opposing teams. When the music begins, have students go down the row of desks one at a time, unscrambling the word and then re-scrambling the letters before moving to the next desk. The first team to have all their team members spell the food names correctly wins.

