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How do you feel?

In this fun board game, students practice describing their feelings.

Before class, make one copy of the board for each pair of students. Also, make sure you have enough counters for everyone.

Procedure

Write different emotions on the board, e.g. bored, tired, worried, excited, annoyed, etc. Go through the meanings with your students.

Describe certain situations and have the class guess the feeling.

Examples:

I feel this when I have an exam and I haven't studied for it (worried).

I feel this when I am going on holiday (excited).

I feel this the day after I stayed out very late (tired).

I feel this when I am sitting on a bus on a long journey and I have nothing to do (bored).

I feel this when I want to relax and my neighbour is playing very loud music (annoyed).

Also, make sure students understand the difference between adjectives ending in -ing and -ed. The -ing adjective describes the thing and the -ed adjective describes how the person feels, e.g. Kim's job is boring. Kim is bored with her job.


Explain that students are going to play a board game. When they land on a square, they will be asked to describe their feelings on a topic. Emphasize that this is a free-speaking game. Students can say as much or as little as they like about each topic.

Divide the students into pairs. Give each pair a copy of the board game. Students look at the game and check that they understand the different conversation topics.

Each student then puts a counter on the 'start' square. They take it in turns to flip a coin and move round the board (heads = move one square, tails = move two squares).

Students talk about the topic they have landed on. Their partner can help by asking questions.

When everyone has finished, have a class feedback session. Ask students what their partners thought about the topics on the board.

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| Finish | | A boring subject at school. | The last time you had an argument with a friend. | <h1>How do you feel?</h1> | | |
| The last time you felt lazy. | | Skip One Turn | The last time you were really annoyed! | | | <p>Rules</p> <p>Work in pairs. Before you play, check that you understand the different conversation topics.</p> <p>Put your counter on the 'start' square. Take it in turns to flip a coin and move along the board (heads = move 1 square, tails = move 2 squares).</p> <p>When you land on a square, describe your feeling on the topic presented.</p> <p>Your partner can help by asking questions.</p> |
| An interesting thing that happened yesterday. | | A hobby you enjoy doing. | Move Back 3 Spaces | Are you a tidy or untidy person? Why? | | |
| The last time you were really happy. | | | | Super Skip Move Ahead | | |
| Oh No! Go back to Start | | A teacher you like to learn with. | | An interesting movie you have seen recently. | | |
| Travelling by boat. | | The last time you were really bored! | | Move Ahead 3 Spaces | | |
| An exam you did well in. | | The last time you went on a long car journey. | | Something you think is worrying about the world. | | |
| An exciting thing you are going to do soon. | | Oh No! Go Back | | A friend's annoying habit. | | |
| Move Ahead 2 Spaces | The last time you got soaked in the rain. | Travelling by airplane. |  | Start | | |

